

ENDOSCOPY CENTER OF TOPEKA

www.topekaendocenter.com – 785-354-1254

INSTRUCTION FOR COLONOSCOPY PREPARATION - 2 DAY PREP

There are alternative colonoscopy preps available please contact our office at 785.354.1254 for more information.

Colonoscopy: The visual examination of the large intestine (colon) using a lighted flexible fiber optic endoscope.

Have your prescription filled at your local pharmacy. **Note:** Individual responses to laxatives do vary. This prep may cause multiple bowel movements. Often works within 30 mins; may take as long as 3 hours. If you are unable to keep the prep down, please call your physician.

Consult your Primary Care Physician if you are taking or have the following medical concerns:

Coumadin: Stop it four (4) days before colonoscopy. After being off Coumadin 4 days prior to your colonoscopy, have PT/INR-PTT (lab tests) taken 24 hours prior to the colonoscopy.

No Coumadin on the day of your colonoscopy. Ask physician when to resume your Coumadin.

Plavix: Stop it three (3) days before colonoscopy.

Dialysis Treatment: alternate prep available

Aspirin and Iron Pills: Stop for seven (7) days before colonoscopy

Aggrenox: Stop three (3) days to five (5) days prior to colonoscopy.

Anti-Seizure Medication – take at least 2 hours before the scheduled colonoscopy with a small sip of water

Insulin: No insulin on the day of your colonoscopy. Ask your physician when to resume your Insulin.

Heart Valve Replacement

Pacemaker with Internal Defibrillator

All other medications: Take the day before, but not the day of your colonoscopy. Resume after colonoscopy.

PLEASE NOTIFY YOUR PHYSICIAN IF YOU CURRENTLY HAVE OR HAVE HAD KIDNEY PROBLEMS

*You will need to purchase **Dulcolax tablets 10mg; and 2 bottles of Magnesium Citrate (NO RED)** both are over the counter medications that can be purchased at your local pharmacy.*

TWO DAYS BEFORE YOUR COLONOSCOPY

1. At 6PM take two (2) Dulcolax tablets 10 mg. Follow with at least one glass of approved clear liquid.

CLEAR LIQUIDS include the following:

Water	Strained fruit juices without pulp	Broth Bouillon
Jell-O – any flavor – no red jello	Clear sodas – 7up, Sprite, Ginger Ale, etc.	Popsicles – no red or purple
Coffee or Tea without creamer	Ensure and Ensure plus (vanilla only)	No red or purple liquids

ONE DAY PRIOR TO COLONOSCOPY

1. Clear liquid diet all day.
2. After stopping Coumadin four (4) days prior to colonoscopy, have PT/INR – PTT (lab test) taken that morning if requested by physician.
3. At 5PM take two (2) Dulcolax tablets 10 mg and drink one (1) bottle of Magnesium Citrate.(purchase at pharmacy OTC). Follow with at least one glass of approved clear liquid.
4. At 9pm drink one (1) bottle of Magnesium Citrate. Follow with at least one glass of approved liquid.

DAY OF PROCEDURE

1. Nothing by mouth after midnight
2. Report for procedure at scheduled time
3. Bring ostomy supplies if applicable
4. If menstruating please use a tampon if possible.
5. Bring someone with you to drive you home

On the day of your procedure, report to the following unless otherwise instructed by you physician:

The Endoscopy Center of Topeka, 785.354.1254

Check-in Date: _____

2200 SW 6th Avenue, Suite 103

Check-in Time: _____

Other _____